



HOW WALKS ARE GRADED

The walks in this programme are graded on total height ascended:

- B+** Moderate to strenuous. For the fit, usually over hilly and rough terrain. Height climbed more than 2,200 feet. Distance travelled 7 to 12 miles. Usually includes several miles without a trail.
- B** Moderate to average fitness required. Usually over lower hills or undulating ground. Height climbed 1,300 to 2,200 feet. Distance travelled 7 to 11 miles. Usually includes short sections without a trail.
- C+** Easy to moderate. Requires average fitness. Usually over undulating ground and can include short uphill sections over rough ground. Height climbed 700 to 1,300 feet. Distance covered 7 to 10 miles.
- C** Easy. Mainly level ground usually on paths, tracks or minor roads. Height climbed up to 700 feet. Distance travelled 7 to 12 miles.

It should be noted that the above gradings are intended as a rough guide. People have different ideas of degree of difficulty and the weather, ground conditions, etc on the day can have a considerable effect on the walk. For further information, contact the Leader on any walk.

It should also be noted that a walk might be changed, due perhaps to adverse weather or ground conditions, or any other good reason. Walkers must be properly equipped and competent for the grade of walk. Please note that walking boots are essential on all walks.

When on a walk, if a member should require to "hang back", that person must inform the back marker and upon return to the walk, report back to the back marker. This is essential to avoid any member being left behind.

Transport: The bus leaves from the John Wright Sports Centre, East Kilbride at 8.30 am prompt. There may be an occasional 8 am start for an island or distant walk. Please note that club members are liable for payment whether the booking is made in person or by telephone. The only exception is when the walk is deemed unsuitable by a member after the Route Convenor has described the route. In this case, the book on fee will be refunded.

Duncanrig Rambling Club

2017

Established 1986



Walking & Social Programme



Social meetings and Book on: Westwood Community Centre, G75 8EY alternate Mondays.

For more information visit our website at: www.duncanrig.com

Contact telephone numbers and email:

Bus Book On:	Mike 07854 099005	mikecall44@fsmail.net
Membership and Info:	Linda 07711 511231	linda.mullen1@btinternet.com
Route Convenor:	Eric 07733 156256	e-kent@virginmedia.com



Affiliated Member of Ramblers Scotland and ScotWays

ScotWays

New Members and Visitors Welcome!

Walking Programme 2017

Date	Walk	Region	W. Manager	Gr	MIs	Leader
Feb 05	Kilpatrick Hills and Reservoirs <i>Alt Kilpatrick Hills and Reservoirs</i>	Dumbarton "	T Nelson "	B C+	10.2 9.0	Ronnie Taylor Tom Mullen
Feb 19	Muirhill to Todholes via Meikle Bin <i>Alt Carron Valley Reservoir</i>	Stirling "	T Nelson "	B C+	8.5 8.7	Terry Nelson Frank McCabe
Mar 05	Little Vantage to West Linton <i>Alt Little Vantage to West Linton</i>	W. Lothian "	M Callaghan "	B C+	9.9 8.4	Mike Callaghan Clare McMillan
Mar 19	Auchingarrich to Crieff <i>Alt Comrie to Crieff</i>	Perth & Kinross "	E Kent "	B C+	7.5 8.9	Andy Bennett David Jones
Apr 02	West Kilbride to Largs <i>Alt Largs and the Knock</i>	Ayrshire "	T Mullen "	B C	9.0 7.7	Cathie McGrillan Tom Wilson
Apr 16	Stroanpatrick <i>Alt Stroanpatrick to St John's Town</i>	Dumfries & Galloway "	H & M Kerr "	B C+	8.4 8.5	Heather Kerr Eleanor Watson
Apr 30 - May 01	May Weekend: Harrogate	Yorkshire	A Bennett			
May 14	Largo Law & Elie <i>Alt Kilrenny to Earlsferry</i>	Fife "	T Mullen "	C+ C	9.1 8.5	Tom Mullen Eric Kent
May 28	Ben Ledi <i>Alt Kilmahog to Callander</i>	Stirling "	E Kent "	B+ C+	6.5 7.7	Bonnie Tait James McGowan
Jun 11	Howtown to Patterdale (Boat Trip) <i>Alt Howtown to Cowbridge " "</i>	Cumbria (Lakes) "	E Kent "	B+ C+	7.1 7.5	Eric Kent Steven Wallace
Jun 25	Pentland Ridge <i>Alt Pentland Reservoirs</i>	Midlothian "	M Callaghan "	B C+	9.2 9.0	Charlie McGrillan Jim Brown
Jul 09	Kirkcudbright [Club]	Dumfries & Galloway	A Bennett	C+	9.1	Heather Kerr
Jul 23	Carsphairn <i>Alt Carsphairn</i>	Galloway "	H & M Kerr "	B+ C+	8.3 8.0	Mitch Kerr Alan Dickie
Aug 06	Ardvorlich to Tarbet <i>Alt Inverugas to Arrochar</i>	Argyll & Bute "	E Kent "	B C+	8.0 7.9	Terry Nelson Eric Kent
Aug 20	Goatfell <i>Alt Glen Cloy and the Clauchland Hills</i>	Ayrshire (Arran) "	T Mullen "	B+ C+	7.6 9.0	Tom Mullen Linda Mullen
Sept 02 - 09	Trip Abroad : Mayrhofen, Austria					
Sep 03	Hoddam to Lockerbie	Dum & Gall	H & M Kerr	C+	8.7	David Sawyer
Sept 17	Altrughe to Newton Bridge <i>Alt Altrughe to Newton Bridge</i>	Perth & Kinross "	E Kent "	B C+	10.4 8.6	Eric Kent Alice Alves
Oct 01	Dunbar [Club]	E. Lothian	A Bennett	C	8.7	Andy Bennett
Oct 15	Girron to Ballachraggan <i>Alt Loch na Craig to Amulree</i>	Perth & Kinross "	E Kent "	B C+	10.0 9.0	Nancy Coull Marion Davidson
Oct 29	Eildon Hills <i>Alt Maxton to Eildon</i>	Borders "	H & M Kerr "	B C+	8.8 7.9	Elaine Smith Pip Slorach
Nov 12	Dailly Area Ramble <i>Alt Dailly Area Ramble</i>	Ayrshire "	T Mullen "	B C+	8.3 7.2	Tom Mullen James McGowan
Nov 26	Lochgoilhead Ramble <i>Alt Lochgoilhead Ramble</i>	Argyll & Bute "	E Kent "	B C+	8.5 7.3	Terry Nelson Ken Murray
Dec 10	Loch Achray to Brig o' Turk <i>Alt Loch Achray to Brig o'Turk</i>	Stirling "	T Nelson "	B C+	9.4 8.5	Audrey Braidwood Barbara Gibson
2018						
Jan 07	Mystery Walk	Wheesht!	Dinna Ken	C+	8-ish	Yull no' fun oot!!
Jan 21	Clyde Valley & Craignethan Castle <i>Alt Clyde Valley Gills</i>	Lanarkshire "	A Bennett "	B C+	9.7 7.8	Iain McPhail John Devine



Social Programme & Book-on

Date	Event	Organizer
Jan 30	A Toast to the Bard	Alex, Ken & Pals
Feb 13	Postcards from the Big One	Irene Dick
Feb 27	Iron Man Tales	Steven Wilson
Mar 13	Bhutan: The Dragon Kingdom	John Blease
Mar 27	NZ: Land of the Long White Cloud	Jim Stewart
Apr 10	Life at the Sunday Post	Jill Scott
Apr 24	*No Book On: (May Weekend Trip)	
May 08	Alice's Albums	Alice Alves
May 22	Whitelee Windfarm Countryside Ranger	Kate Williamson
Jun 05	Club Slide Show	James McGowan
Jun 19	Book-on	
Jul 03	Book-on	
Jul 18	(Tuesday) Book on	
Jul 31	Book-on	
Aug 14	Book-on & Mayrhofen: Info Evening	Andy & Linda
Aug 28	Book-on	
Sept 11	Ben Lomond to Slioch	Andy Bennett
Sept 26	(Tuesday) Book-on	
Oct 09	GR11: Atlantic to Mediterranean	Frank McCabe
Oct 23	Duncanrig: 30 Years in Photographs	Mike Callaghan
Nov 06	History of the Scots in Story & Song	Lesley McIlhagger
Nov 20	Fun Quiz Night	Nancy & Alec Coull
Dec 04	Music & Singalong:	Marion Davidson
Dec 18	Club Slide Show	James McGowan
2018		
Jan 15	AGM	



Committee Meetings	20.02.17	20.03.17	24.04.17	15.05.17
	19.06.17	31.07.17	28.08.17	18.09.17
	30.10.17	27.11.17	08.01.18	22.01.18