

## Duncanrig Rambling Club



The walks in this programme are graded as follows:

- B+** **Moderate to Strenuous** For the fit, usually over hilly and rough terrain. Height climbed 1,200 to 2,000 feet. Distance travelled 7 to 12 miles. Usually including several miles without a trail.
- B** **Moderate** Average fitness required. Usually over lower hills or undulating ground. Height climbed 600 to 1,200 feet. Distance travelled 7 to 11 miles. Usually including short sections without a trail.
- C+** **Easy to Moderate** Requires average fitness. Usually over undulating ground and can include short uphill sections over rough ground. Height climbed 200 to 600 feet. Distance covered 7 to 10 miles.
- C** **Easy** Mainly level ground usually on paths, tracks or minor roads. Height climbed not more than 200 feet. Distance travelled 7 to 12 miles.

It should be noted that the above gradings are intended as a rough guide. People have different ideas of degree of difficulty and the weather, ground conditions, etc on the day can have a considerable effect on the walk. For further information, contact the Leader on any walk.

It should also be noted that a walk might be changed, due perhaps to adverse weather or ground conditions, or any other good reason. Walkers must be properly equipped and competent for the grade of walk. **Please note that walking boots are essential on all walks.**

When on a walk and a club member requires to "hang back" that person must inform the back marker and upon return to the walk report back to the back marker. This is essential to avoid any member being left behind.

**TRANSPORT:** The bus leaves from St Leonards Shopping Precinct at 8.30 am prompt (pick up at Town Centre, if required.) There may be an occasional 8 am start for island or distant walks. Please note that club members are liable for payment whether the booking is made in person or by telephone. Only exception is after Route Convenor explains walk then money will be refunded if walk is unsuitable.

## Duncanrig Rambling Club



# Programme 2005



**Social Meetings & Book On:** Westwood Community Centre

**For more info visit our website at** [www.duncanrig.com](http://www.duncanrig.com)  
**Email address:** [information@duncanrig.com](mailto:information@duncanrig.com)

**Useful telephone numbers:**

<b>Bus Convenor:</b>	<b>Margaret</b>	<b>01355 248074</b>
<b>Secretary:</b>	<b>Linda</b>	<b>01355 237548</b>

## Walking Programme 2005-2006

Date	Walk	Location	Map	Mls	Grade	Leader
Feb 06	Allermuir Hill & Maidens Cleuch	Colinton	66	8.5	B	Jean Buckley
Feb 20	Lanark Loch to Crossford	Lanark	72	8.5	C+	May Trescowthick
Mar 06	Valleyfield & Devilla Forest	Kincardine	65	9.3	C+	Jim McNair
Mar 20	Kingledores to Tweedsmuir	Broughton	72	9.9	B+	Charlie McGrillan
Apr 03	Gartmorn Dam	Clackmannan	58	10.2	C+	Marion McArthur
Apr 17	Cardrona Forest	Innerliethan	73	9.0	B	Helen Garry
<b>29 Apr- 2 May</b>	<b>Club Weekend</b>	<b>Windermere</b>				
May 15	Hadrian's Wall	Greenhead	86	9.3	B	Jim Brown
May 29	Strachur to Lochgoilhead	Strachur	56	8.0	B	Mike Callaghan
Jun 12	Fife Ness to St Andrews	St Andrews	59	10.0	C	David Robertson
Jun 26	Fortingall to Coshievile	Fortingall	51	10.5	B+	Irene Hudson
Jul 10	Dunglass to Dunbar	Dunbar	67	8.9	C	Sam Thompson
Jul 24	Ben Vrackie Beallach	Pitlochry	43	9.4	B	Gordon Stewart
Aug 07	The Coal Roads of Fife	Ceres	59	9.0	C+	Edwin Jenkins
Aug 21	Criffel	New Abbey	84	8.6	B+	Linda Mullen
Sep 04	Inversnaid to Derrydarroch	Tarbet (LL)	56	10.0	C+	Alex Rintoul
Sep 18	Carsphairn Forest	Carsphairn	77	9.7	B+	Colin Burgess
<b>Sep 23-26</b>	<b>Club Weekend</b>	<b>Fort William</b>				
02 Oct	Harstanes to St Boswells	St Boswells	74	10.1	C+	Margaret Cowban
16 Oct	Cairn Table	Muirkirk	71	11.4	B	Ronnie Taylor
30 Oct	Glen Turret to Comrie	Comrie	52	9.9	B*	John Rafferty
13 Nov	Ben Shee & Whitewisp Hill	Glen Devon	58	8	B+	Bob McFarlane
27 Nov	Giffordland to Fairlie	Dalry	63	8.3	B	Bill Aitchison
11 Dec	The Whangie	Stockiemuir	64	9.7	B	Mary McGrellis
<b>2006</b>						<i>* mostly downhill</i>
08 Jan	Mystery Walk	Ask the driver!	Not too far!!			
22 Jan	Craigburn to Eddlestone	Penicuik	73	10.0	C+	John Whitley

## Social Programme 2005-2006

Jan	31	Burns' Night
Feb	14	Quiz Night - Valentine Theme!!
Feb	28	J Mitchell - Land of the Rising Sun
Mar	14	Line Dancing - Yee Hah!
Mar	29	(Tues) Book On
Apr	11	Glasgow Concert Hall Slide Show
Apr	25	Bring & Buy - lots of bargains!
<b>Apr-29 - 2 May</b>		<b>Lake District Weekend</b>
May	09	Jane McLachlan - Trek in Nepal
May	23	Club Slide Show - Tom Mullen
Jun	06	Eddie Haggerty Entertains
Jun	20	Britannia Panoptican Music Hall Trust
July	04	Book On
July	19	(Tues) Book On
Aug	01	Book On
Aug	15	Book On
Aug	29	Archie McLaughlin - Piping Hot!
Sep	12	Dawn Ferguson - The Children of Peru
<b>Sep23-26</b>		<b>Fort William Weekend</b>
Sep	27	(Tues) Book On
Oct	10	To be advised
Oct	24	David Robertson - Yellowstone Park
Nov	07	Dr Hugh Flethcher - A Tale of Two Cities
Nov	21	Gilbert & Sullivan Revue
Dec	05	Cheese & Wine Party Night
Dec	19	Slide Show & Book on for Mystery Walk
Jan	16	Annual General Meeting

Aboyne, Aberdeenshire



Perthshire



Glamis Castle

**Committee** 07.02.05: 07.03.05: 04.04.05: 16.05.05:  
**Meetings:** 13.06.05: 19.07.05 (Tues) : 15.08.05:  
 19.09.05: 17.10.05: 28.11.05: 09.01.06.